



# Pro.Active for Life 5K Run/Walk

Benefiting the United Way & WeWannaPlay

Friday 5.10.2019 – 6:30 p.m.  
Juniper Hills Park

6<sup>th</sup> Race of the Frankfort Striders  
Run/Walk Series\*



United Way  
of Franklin County



Race Packet Pickup & Late Registration: Friday, May 10, 8 am-6 pm  
Award Ceremony TBD. Online registration @ [www.runsignup.com/Race/KY/Frankfort/ProActiveforLife5K](http://www.runsignup.com/Race/KY/Frankfort/ProActiveforLife5K)

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Event: ProActive for Life 5K \_\_\_\_\_ ProActive for Life 5K Virtual Run/Walk \_\_\_\_\_

**THIS IS MY 1st 5K, OR 1st PARTICIPATION IN A 5K OR LONGER DISTANCE WITHIN THE PAST 5 YEARS.**

**Age Division:**  0-4  5-9  10-14  15-19

20-24  25-29  30-34  35-39

40-44  45-49  50-54  55-59

60-64  65-69  70-74  75-79

80+  Wheelchair Division

\_\_\_\_\_ Adults - \$25 through May 9; \$25 May 10  
\_\_\_\_\_ Children - \$15/person through May 9, \$20 May 10

Additional Donation for:  
\_\_\_\_\_ United Way of Franklin County \$ \_\_\_\_\_  
\_\_\_\_\_ WeWannaPlay \$ \_\_\_\_\_  
\_\_\_\_\_ I would like to pay for a student's registration (\$15/student)

TEAM NAME and/or SCHOOL\*\*\*: \_\_\_\_\_  
\*\*\*Any one can be a part of a School Team

Referred by: \_\_\_\_\_

\_\_\_\_\_ Total Payment Enclosed, THANK YOU! For Office Use Only: Check # \_\_\_\_\_ or Cash \_\_\_\_\_  
===== Release of Responsibility =====

Runners must be careful to register and run under their proper name, sex and age division to avoid disqualification. In consideration of accepting my entry, I, intending to be legally bound, hereby for myself,

my heirs, my executors and administrators, do waive and release forever, any and all rights and claims for damages I may accrue against Pro.Active Therapy, its agencies and the employees and agents of

both, USA Track & Field, the United Way of Franklin County, the directors of WeWannaPlay, involved with promoting and/or staging the race for any and all injuries suffered by me while traveling to and

from and while participating in running mentoring sessions and/or the Pro.Active Therapy's Proactive for Life 5K Run/Walk or 5K race competition on May 10. I further state that I am in proper physical

condition to participate in this event. I also release publication rights to photographs of me shot during the Proactive for Life 5K Run/Walk or 5K Race weekend events for purposes of publicity for

this and future Proactive for Life events.

Name (print) \_\_\_\_\_ Signature \_\_\_\_\_ Date: \_\_\_\_\_

If under 18, signature of Parent/Guardian: \_\_\_\_\_

**Make checks payable to:** Pro.Active Therapy 5K **Mail to:** United Way of Franklin County, P.O. Box 1544, Frankfort, KY 40602

For more information about Pro.Active Therapy or either of our race beneficiaries, please refer to our websites: [www.proactivetherapy.org](http://www.proactivetherapy.org) [www.unitedwayfranklincounty.org](http://www.unitedwayfranklincounty.org), [www.wewannaplay.org](http://www.wewannaplay.org)  
\*For information on the Frankfort Run/Walk Series, go to [www.frankfortstriders.com](http://www.frankfortstriders.com)